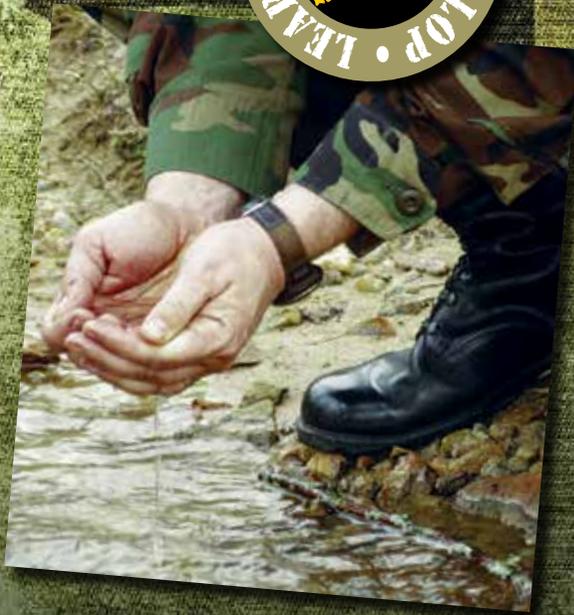


DISCOVER • DEVELOP
YOUR SKILLS
LEARN • LEAD



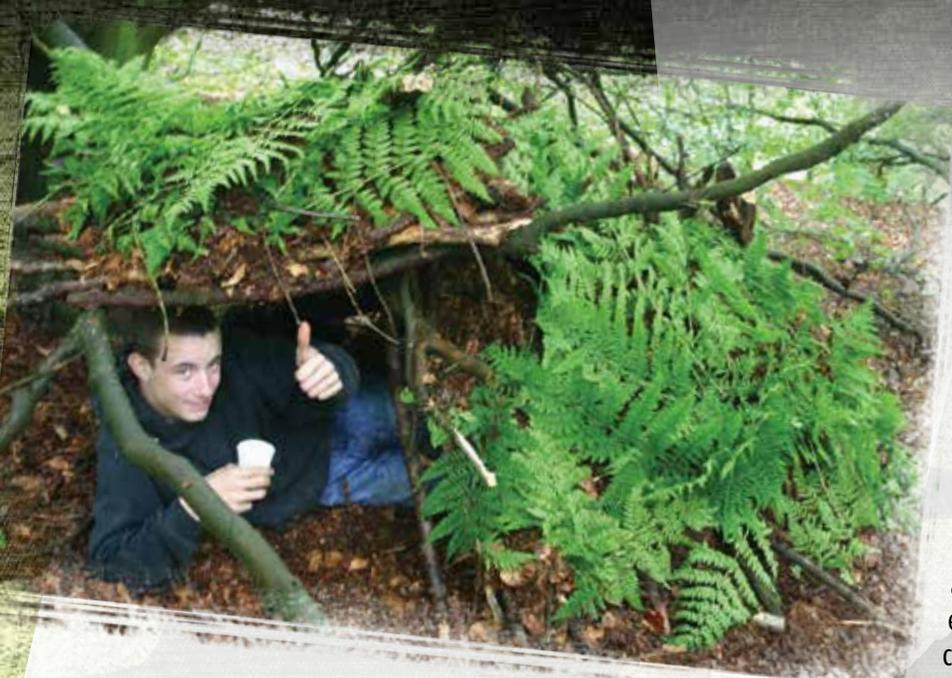
ADVENTURE SURVIVAL TRAINING

Your Adventure Survival Starts Here!



Adventures
are US LTD.™
The Adventure Specialists

CARBON NEUTRAL Environmentally friendly fun!



Book 'Adventure Survival Training' as a team building day, a diversionary programme, adult skills day or as a gift voucher for any occasions, it can be tailor made to suit your timetable and budget.

For the past 18 years our company has been a market leader providing multi activity outdoor adventure education and team building programmes within our region.

Go Survival is a brand new team building concept from Adventures Are Us. It was launched a few years ago and has developed significantly ever since. Welcome to our latest exciting adventure area Go Survival.

We tailor make our workshops to slot into key educational topics being taught within the community and aligning them with learning outcomes, personal achievement certificates and with a strong 80/20 format of experience, that being 80 percent



doing and only 20 percent talking about doing it.

Making our workshops fun, affordable and very high valued for ages 18 years and upwards, they can be client led, tutor led or instructor led with our own team allowing team building skills to be developed on-site within your own workplace, college, centre grounds, local woodlands and peak district.

Clients will be engaged, challenged and put through their paces learning a wide range of survival skills, which will be demonstrated, practiced then passed on to each other as a team challenge, this will build self-esteem, confidence, leadership skills and communication amongst each other.

Client Users

NHS diversionary programmes, community agencies, uniformed services, businesses, charitable trusts and organisations, higher education, colleges, voluntary sector enterprises, team building days for management, banks, councils, public services and individuals.

The Adventure Mission

We offer a perfect high value alternative to the extreme adventure sports side of our operations, offering quality training in different surroundings with liked minded colleagues learning new skills and the minimisation of transport hire.

The Adventure Aims

Go Survival brings the adventure to you, into woods, parks and your grounds within walking distances, with zero environmental impact and its benefit of being carbon neutral and green.

Our Adventure Solutions

We arrive within your grounds in our 'Adventure Van' full of team building equipment ready to setup the challenges and survival tasks, either on the grass, woodland areas or parks. If we encounter poor weather it adds to your survival.

GO SURVIVAL Skill Development

- Leadership ■ Cooperation ■ Communication
- Problem Solving ■ Responsibility ■ Motivation
- Self Esteem ■ Confidence ■ Numeracy
- Performance ■ Trusting ■ Tolerance
- Initiative ■ Team Work ■ Organisation
- Community Spirit ■ Safety & Helping
- Diversity ■ Listening

Go Survival Delivery Targets

We save the client a massive transport cost by bringing the adventure direct into your urban grounds. Half of any outdoor experience cost is the transport hire charge you do not pay any nor pollute the environment.

This makes our concept cheaper, cleaner, easier and faster all at the same time. We can deliver up to 20 clients in one session by rotating them around.

We are actively promoting healthy exercise and reducing Obesity.

We integrate a strong nature educational message into our delivery.

We perform a safe litter pick before and after the event on that site leaving the area better than we found it.

Adventure Environment

We utilise any open grass, woodland site or even woodlands that are close to your base this makes a perfect nature and adventure skills package, it will deliver multiple targets for clients providing healthy exercise and a creative learning environment for everyone.



Go SurvivalTM

Adventure Survival Training

Sheltered

A team challenge constructing your very own high tech survival shelter using our own equipment brought in, you will have a selected team, a time limit and rewards and penalties for slow, or failure, this is a fun team challenge using ropes, knots, sheets and pegs to fix it down, it will develop delegations skills, cooperation and communication skills. Will your shelter survive a storm.

Hunter Gatherer

As a small hunter gatherer survival team you will have to learn to make bush traps, set snares and make a stick shelter to use for protection against the wild weather, the skills used are learning knots, using cords of rope, communication, listening, leadership and time skills. Will you survive?

Fire Starter

Can your team locate tinder, kindling and create a small controlled fire in a pot, using a flint and starter to survive the cold harsh winter nights in the wild countryside. A demonstration will be provided with close supervision so all hazards and risks are controlled by our staff, safety comes first. This powerful skill will save your life, cook your food and ward off predators. If each client can achieve this skill you become a seasoned survivor and progress to team leaders. Can you cook a marsh mallow as a treat before your fire burns out?

Navigator

Can you and your team use a map, compass, ruler, magnify lens, and a few maths skills to navigate around your grounds, using North, East, South and West can you make a navigation map and write it out. You will swap maps with the other half of the group and try and complete each other's chart. We estimate distances use percentages, coordinates and angles to follow the puzzle however two team members will be blindfolded on your journey.

Distress

Can you and your team make rescue signals on the ground using our equipment we bring in, spelling SOS in stones, clothes, sticks, pebbles or in mud, paint or in wood chippings. Can it be viewed by a passing plane or helicopter that is searching for you and what other signals can be made to attract attention to be found, what about sound, smell, people and lights.



MEDI EVAC

A team member in your group is injured and cannot walk back to your shelter and it's going dark can you build a basic carrying stretcher as a team and transport them back to your dwelling. Using our materials, sheets, ropes, cords, rucksacks, and your team power can you lift them and move them 50 metres to safety in time.

Triage

Some of your team members have been hurt in the wild mountains they have severe bleeds, broken arms, legs, cuts, head injuries and some have fainted in pain and are suffering from exposure to the elements. Can you use our first aid kits supplied to restore life and immobilise the casualties to help them survive.





Life Source

Can you create water as a team using a small dug pit, some stones, a sheet and a cup, creating a solar still using evaporation of earth's warmer temperature and the cool air and sun shining down on the plastic sheet. This requires an area where a small hole can be dug and used then filled in afterwards, this is science at its best. Equipment will be provided by us.

Laudline

Can your team construct an aerial pulley system between two trees or posts to send supplies across over contaminated land, you can divide into two teams one at each side of the course, then you need to work together to build it. A knot skills session will be taught so you have the skills ready for your challenge then send over a variety of survival tools without dropping them.

Bourne Survivor

Your team are lost and are in need of rescuing we have hidden a variety of survival equipment in your grounds your team needs to recover this equipment by means of a treasure map that we provide. You then select at random our survival cards and complete the tasks set out on them.

Moon Madness

You and your team members are exposed in the wilderness and its dark, you have a chest of survival equipment but you cannot open it until you earn your points first with a simple survival quiz from us. Then you access the chest and follow the survival instructions inside, using torches, building a shelter and making a hot chocolate drink using a stove.

Wilderness

This survival challenge is a night adventure in your local woods or grounds camping in tents in summer months and preparing the camp with a team shelter, cooking stoves, water storage, and a signal warning alert, a camp security perimeter alert with string and noise cans in case of intruders in the night.

SOS

In small groups your survival tasks will be to design, construct and develop an early warning alert system for your teams survival safety around the shelter camp, all the teams inventions will be assessed and rated on creativity, effectiveness and originality so good luck.

True North

Can your survival team build a water compass to locate the three norths on a compass using a water tub, magnetised needle and a leaf to float the aid and achieve the challenge? Add a map to this of the grounds and we have a treasure hunt mapping task.

Solar Eclipse

As a small team you will build your very own sun dial to tell the time using the sun and shadow as the marker on the grass, your next task is to transport water from tub to tub over a distance before it pours out to beat the sun dial timer and the other team.

Magnetic Field

Your team will use a high tech metal detector to search for lost treasure coins hidden in the grounds, you need to earn penny coins and then convert them into pound notes using maths, a banker, a safe and team members as your work force to search out and create a surviving enterprise which needs a business name and a plan of action to continue on.

Cash Cow

Your task is to design, construct and develop a rope pulley line that cash can be transported across from a security chest to the vault safe, money cannot be dropped as there are penalties. As the challenge develops there will be unforeseen set backs and rewards allowing funds to be earned and lost with job roles and promotions just like a business.

AWOL

Team members will dress in camouflage army outfits with special masks hiding their identity from us all, they will hide within the woods in the grounds ready. The other team will devise a police search line and a plan that needs to be followed, a map needs devising with a grid to mark progress and the AWOL soldiers searched out and recovered as a SOS survival task.

Adventure Simulation

We have learned from experience that if you develop a live scenario and incorporate our activities into this it promotes better team work skills.

Our live motivational team building scenario's are:

- Mountain Rescue ■ SAS - Are You Tough Enough
- Mission Impossible ■ Radioactive Clean up
- Born Survivor



Adventure Activities Summary

- ROCK CLIMBING ■ ABSEILING ■ GORGE WALKING
- LOW ROPES ■ STREAM SCRAMBLING
- ROCK WEASELING ■ ROCK BOULDERING
- HILL & MOUNTAIN WALKING
- NAVIGATION TRAINING ■ ZIP WIRE
- PROBLEM SOLVING ■ SNAKES N LADDERS
- BIG AIR SWINGS ■ LADDER X-TREME
- LADDER X-TREME ■ ADVENTURE CAVES
- ADVENTURE WALL-INDOOR & MOBILE
- BUSH CRAFT SURVIVAL ■ ORIENTEERING
- TREASURE HUNTS ■ ALIEN VS PREDATOR
- LIVE TEAM BUILDING ■ CAMP CRAFT COOKING
- NIGHT LINES ■ WILDERNESS SURVIVOR
- TREE CLIMBING ■ POSTMAN'S WALK
- TYROLEAN TRAVERSE ■ MOUNTAINEERING
- ADVENTURE GAMES ■ HIGH ROPES
- STEPPING STONE CHALLENGE
- TARZAN SWINGS ■ RIVER CROSSING CHALLENGE
- FIRST AID TRAINING ■ PLUS MORE!

Health & Safety Management Systems

We are government licensed by AALA Adventure Activity Licensing Authority as a provider of adventure activities for children and adults under the Young Persons Safety Act 1995 Regulations 2004. We carry Products/Civil Liability Insurance Cover for £5m and Employer's Liability Cover at £10m.

We use NGB National Governing Body Qualified Staff, CRB checked and first aid trained. All our operational activities carry SOP Risk Assessments and Child & Vulnerable Persons Policies. We are highly accredited by our associations, governing and training bodies with 15yrs experience.

Adventures are US LTD.™

Tel. 07939 743263

To request a call back text your name, address & postcode to our number and our office staff will acknowledge.

www.AdventuresAreUs.com



Professional Accreditations



Safety equipment & insurance cover provided

Watch us on...

The Adventure Specialists,
always an activity for you!

Adventure Wall LIMITED™

Adventure Caves LIMITED™

**Adventure
Accommodation** LIMITED™

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