

Adventures are US LTD.™

*The Adventure
Specialists*

**Multi Activity
Family Adventure
Experiences**



CARBON NEUTRAL Environmentally friendly fun!

Welcome to Adventures Are Us Multi Activity Family Adventure Experiences

For the past 15 years our company has been a leading provider, offering multi activity 'Family Adventure Experiences' within our region.

We specialise in creating fun high value multi activities for children, adults, families and their friends for all ages and abilities. Our strength as a company is our ability to create a package that will suit our client needs in delivering an exciting interactive adventure experience that will help children, adult family members and their friends in a fun dynamic bonding adventure experience.

We have a vast portfolio of activities for you to experience, here you will find a summary of our most successful adventures that are perfect for children, adults and friends to have a go at.

Client Portfolio

Our customers range from individuals, groups, and extended families and their friends and siblings. Clients use our adventure experiences as a fun treat for the family and friends in the holiday periods such as half terms, Easter, summer, Christmas times, religious celebrations and school achievements.

They use our company for domestic holiday trips instead of going abroad, for family rewards and occasions to celebrate as a special group event. What ever the family occasion if it includes children and adults with family and friends together then trust our company to deliver a perfect high value adventure activity event.

The Adventure Mission

To work with as many families, children and siblings as possible each year and build a long term relationship with these clients to help the family and children as they mature and progress and develop within our adventure activities.

The Adventure Aims

We will achieve this by offering as many adventure experiences as possible to as many client family groups as we can, we are trying to break down boundaries of participation and help all families from all cultures and backgrounds access our adventure activities.

Our Adventure Solutions

We will operate a variety of exciting high action adventures that will test your minds and your body, from 100ft fast line abseils to team orienteering events. We have the adventure solutions within our in house instructional team to be able to offer our services to all families within our region.

The Adventure Team

Our development team are recruited for their fun character, qualifications and high level of experience, their ability to work with all clients and the personal attributes they bring along to our events are second to none. They are all a people's person throughout and they compliment our company perfectly.

The fun skills we develop on our activities:

- Leadership
- Co-operation
- Communication
- Problem Solving
- Responsibility
- Motivation
- Self Esteem
- Confidence
- Numeracy
- Performance
- Trusting
- Team work

Our activity team have a lot of time and patience for all of our different clients and our staff will slow down the level of participation to suit the ability of the clients which will in turn increase the enjoyment factor, build confidence and promote a greater level of self esteem and personal satisfaction.

Adventure Environment

We have numerous activity venues to be able to match your needs to our teams, we select areas which are safe, with forests, water and rocks that are all the natural adventure ingredients for success. We always select the venue and you travel to it because we have safety systems in place at these venues to maintain the highest level of health, safety and security through our Government Licence. If you feel that you have your own location on your own site then maybe it is viable do call our team to ask.

We welcome all clients into our programmes, below is a summary of our most successful family adventure activities in recent years. They can be spread across a half day, a day, month or even a year to generate maximum development of the clients.



Multi Activity Family Adventure Experiences

ROCK CLIMB EXPERIENCE – MULTI LEVELS

Test your wits against the rock! Experience a truly magnificent journey scaling a rock face, exploring the rocks and building your confidence as you achieve new heights. A perfect challenge building trust in your peers as they hold your very life on a rope. Pure excitement promoting trust, leadership and problem solving.

AIR BOURNE ABSEIL – MULTI LEVELS

Live life on the edge with a fast fun exciting abseil activity designed to make your heart flutter as you edge out over a 100ft river drop – a personal achievement in its own right. But to trust your instructor with your life on a thin rope is truly gripping - but the rewards are outstanding, a natural buzz is guaranteed. A Perfect place to start your journey, promoting trust, courage, control, and confidence throughout.

GORGE SCRAMBLE

A fun team challenge exploring the countryside, forests, rocks and rivers. As an individual you will have to overcome any fears of balancing and climbing across large water filled gaps, as a team you will need to encourage and support each other to complete the wet and wild scrambling course. Building your team work skills, confidence, trust, self esteem.

STREAM SCRAMBLE

You will descend down a steep wet rocky waterfall with your instructor and your family or friends, working as a tight unit to help protect and support each other over rough wet terrain. This is true team work promoting trust, confidence, support & cooperation between members.

ROCK WEASEL MAZE & BOULDER DASH

Under the watchful eye of your instructor you will go underground and explore a labyrinth of rock maze type features, squeezing over, under and around obstacles. Each client will be given individual tasks to perform at their own ability. You will not get stuck - we promise! it's real fun. It promotes nerve, combined balance & coordination skills.

ADVENTURE ORIENTEERING CHALLENGE

A fun team event that's a very enjoyable experience, using a map, compass and with our guide you will follow a clue sheet with score points and attempt to locate and recover the lost markers in our very own competition course. It's brilliant fun and tires you out. This promotes team work skills as our radios develop communication skills between different members it's highly competitive between the teams.

WALKING IN WILD PLACES TRIAL

A fun team challenge travelling over hills, crags, down steep valleys, you'll walk with our guides for safety helping you explore and search out the treasures of the peaks. Navigation, map and compass skills will be taught but you will need to reach your destination before dark.

Skills involved are stamina, support, & navigational skills.

SNAKES 'N' LADDERS

A challenging extreme activity scaling a very long chunky rope to reach a high marker and earn team points whilst swinging and swaying over a massive exposed drop. Try it either blind folded, over water or land. This is an utterly inspiring individual challenge but you will need your team behind you. You can race each other or time trial against the clock. A very rewarding experience involving trust, confidence, support, communication, listening, team spirit & lots of excitement.



LADDER XTREME - ASSAULT

This challenge is fun and hard work, perfect as personal challenge. Try climbing a massive caving ladder that constantly swings and sways around, it's exhaustingly steep. Why not try this challenge over water, blindfolded? This is why it's called Ladder Xtreme. Good luck! Skills involved trust, communication, performance & coordination.

BUSH CRAFT SURVIVOR

We set the scenario then divide the group into teams, then work towards a deadline of darkness. Each team will have to build their shelters, set traps and cook their supplies to complete the challenge. A perfect activity set to develop your skills and learning to work effectively in testing environments. Teamwork essential, tolerance, trust, cooperation, organisation, communication & listening skills.

ZIP WIRE & SKYLINE

As a team you will construct a high ropes Tyrolean Traverse Zip Line across an exposed 50ft open river gorge. To complete the challenge each team member must use the zip wire to safely cross the gorge. A real fun challenge to learn new skills and work side by side with our staff. Teamwork essential, cooperation, organisation, problem solving & communication.

ADVENTURE CAVES EXPERIENCE

An awe inspiring underworld adventure, you will carefully descend down a large cavern travelling 300ft into the Earth. Explore the underground stream ways, giant rock formations and see the amazing subterranean world where most people dare not venture. A must do adventure! Skills are trust, support, encouragement & nerve.

ADVENTURE WALL EXPERIENCE

Indoor climbing, abseiling and bouldering with our very own Adventure Wall Indoor Climbing Wall Company. Our team of experts will teach and develop your skills its fun and can be very challenging if you wish with races/trials. It promotes physical performance, confidence, trust, support and problem solving.



"Self Esteem"

ALIEN VS PREDATOR TRACKING

Team competitions where the clients are the aliens and our staff become the predators. It's simple, we hunt you, we find you, we steal your orienteering marker points that you have just earned. You will need to use stealth tactics to evade us as we will give you 15 minutes 'Running Man' then we're off hot on your heels. This is totally satisfying and brilliant fun, skills are competition, communication & problem solving.

ADVENTURE GAMES

We have developed several new adventure games, our most famous being Alien Vs Predator tracking it allows many new levels and competitive elements of our very own activity game.

Alien Vs Predator Challenges:

- Stealth ■ Mirage
- Oasis n Evade ■ Oracle
- Fortress ■ Escape ■ Evolve

Our new adventure games are top secret, you'll have to book to try them out! INCLUDING THE ALL NEW 'RUNNING MAN'

MOON MADNESS - CHALLENGE

Select your adventure mix of activities or games then meet our teams at dusk, we will guide, mentor and keep you safe throughout the night. This is a perfect family event that will test your wits we provide torchlight, safety marshals, guides, first aid and all other necessary components to assist you. All the above skill components in our key skill list will be covered.

BIG AIR SWINGS

A fun but scary challenge not for the faint hearted! You're standing on the edge of a breathtaking exposed drop, 100ft above a wild fast moving river. You kick off, then drop to swing down 30ft under an archway towards the rumbling water, only the very thin but secure rope you're attached to saves you from a soaking. This is by far the 'buzz' activity of our programme, more a test of nerve than skill. It promotes trust, responsibility & confidence.

FOREST XTREME LOW ROPES

As small divided teams you will help construct and evolve a series of ground level mini assault courses. Then as the activity tasks take form all the individual courses will be connected into one main obstacle challenge. Then individuals will take part in a race experience travelling around the adventure course in a time trial. This is a mini challenge activity only.

You thought it was easy didn't you? Skills are team work, listening, communication.

ADVENTURE SIMULATION

We have learned from experience that if you develop a live themed scenario and incorporate our activities into this theme, clients respond even greater with more effort, motivation and enthusiasm.

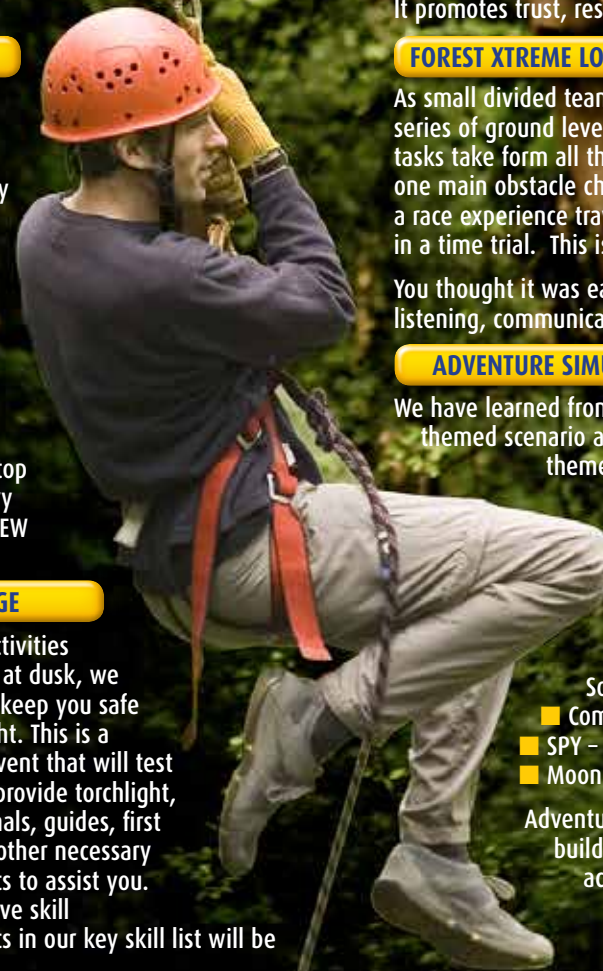
All new! live 'Team Building Adventure' scenario's are:

- Mountain Rescue ■ Black Hawk Down
- SAS - Are You Tough Enough?
- Alien Vs Predator Tracking ■ AWOL

Soldier

- Commando Search & Rescue
- SPY - Mission Impossible ■ Mountain Medic
- Moon Light Tracking ■ Stealth Evade Capture

Adventure Simulations are packed full of team building skill areas and they cover all the activity skill areas listed above these are perfect for some family client groups.



We at Adventures Are Us are always developing new and exciting divisions of our services and our creative team are pushing forward innovation within our field. The following products and services are additional comforting services to add more value and even greater customer satisfaction after a hard day's adventure.

ADVENTURE-TERPRETER

MULTI LINGUAL ADVENTURES

Welcome to our newest division of Adventures Are Us, we now offer multi lingual adventure activities utilising our new degree graduates in modern foreign languages, they are Our Adventure Instructors & Language Experts combined into one high value package. We truly believe in breaking down barriers of participation and increasing adventure access we welcome all ages and abilities look for our adventure access flags.

🇫🇷 French 🇮🇹 Italian 🇪🇸 Spanish

We also offer BSL & Makaton signing services on our adventures.

Don't get lost in translation book an 'Adventure-terpreter'

ADVENTURE HOSPITALITY

We now offer a full range of bespoke adventure hospitality solutions, from travel, residential accommodation, catering and gift vouchers for all seasonal occasions.

ADVENTURE TRANSPORT

Adventure Transport Solutions can vary from cars, MPVs to mini buses and 52 seat coaches for large client groups. All are available to bring you out to and from our venues or even stay on-site at our venues and wait for you, reducing your carbon foot print and helping the environment.

ADVENTURE CATERING

Adventure Catering Solutions utilises a variety of expert catering establishments for our customers which can range from outside adventure catering on-site at our venues or most popular having a celebratory well earned drink and meal at a local pub afterwards to finish the event off in style. Family Event Catering can be booked at an additional cost.



"Family Fun"

ADVENTURE ACCOMMODATION & RESIDENTIAL

We have teamed up with a variety of expert hotel and restaurant chains and free hold establishments to offer three levels of quality adventure accommodation. Examples are countryside pubs, city hotels, youth hostels, camping barns, camping sites, inns, lodges, & countryside hotels. Why not stay out after your event to reflect on the days fun experiences and socialise with your family and friends and absorb the fresh countryside air.

Summary Provisions

As a market leader within the family adventure experience sector we as a proud company are delighted to welcome all new families and friends into our safe, high quality and trusted adventure brands of Adventures Are Us.

Let's get out of the house and off computer games and have a fun family day together in the countryside and do it for real.

'Fast fun exciting family adventures for everyone!'

Adventures Are Us Team

Adventure Activities Summary

- ROCK CLIMBING ■ ABSEILING ■ GORGE WALKING ■ LOW ROPES
- STREAM SCRAMBLING ■ ROCK WEASELING ■ ROCK BOULDERING
- HILL & MOUNTAIN WALKING ■ NAVIGATION TRAINING ■ ZIP WIRE
- PROBLEM SOLVING ■ SNAKES N LADDERS ■ BIG AIR SWINGS
- LADDER X-TREME ■ LADDER X-TREEME ■ ADVENTURE CAVES
- ADVENTURE WALL-INDOOR & MOBILE ■ BUSH CRAFT SURVIVAL
- ORIENTEERING ■ TREASURE HUNTS ■ ALIEN VS PREDATOR
- LIVE TEAM BUILDING ■ CAMP CRAFT COOKING ■ NIGHT LINES
- WILDERNESS SURVIVOR ■ TREE CLIMBING ■ POSTMAN'S WALK
- TYROLEAN TRAVERSE ■ MOUNTAINEERING ■ ADVENTURE GAMES
- STEPPING STONE CHALLENGE ■ TARZAN SWINGS ■ HIGH ROPES
- RIVER CROSSING CHALLENGE ■ FIRST AID TRAINING ■ PLUS MORE!

Health & Safety Management Systems

We are government licensed by AALA Adventure Activity Licensing Authority as a provider of adventure activities for children and adults under the Young Persons Safety Act 1995 Regulations 2004. We carry Products/Civil Liability Insurance Cover for £5m and Employer's Liability Cover at £10m.

We use NGB National Governing Body Qualified Staff, CRB checked and first aid trained. All our operational activities carry SOP Risk Assessments and Child & Vulnerable Persons Policies. We are highly accredited by our associations, governing and training bodies with 15yrs experience.

Professional Accreditations



Safety equipment & insurance cover provided

Adventures are US LTD. **Tel. 07939 743263**

To request a call back text your name, address & postcode to our number and our office staff will acknowledge.

www.AdventuresAreUs.com Email: info@AdventuresAreUs.com

The Adventure Specialists, always an activity for you!

Adventure Wall^{LIMITED}
Adventure Caves^{LIMITED}

Adventure Accommodation^{LIMITED}

Watch us on...

