Adventures are US Ltd.™

The Adventure Specialists

Adventures in Education
“The Outdoor Classroom”

CARBON NEUTRAL Environmentally friendly fun!
Welcome to Adventures Are Us Multi Activity Educational Programmes.

For the past 15 years our company has been a leading provider, offering team building personal development activity provision across our region.

We specialise in creating high value multi activity learning programmes using adventurous learning as a catalyst to deliver a variety of personal key skill areas. We use outdoor pursuits as a tool to drive the educational programme and engage the clients thoroughly.

**Client Portfolio**

Youth Services, After School Clubs, All Schools - Primary, Junior & Comprehensive, Private & Residential Schools, Boarders, Prep Schools, Scouts, Cubs, Guides, Sea Cadets, Army Cadets, Uniformed Services, Youth Inclusion Teams, Higher Education Colleges, Further Education Colleges, Universities, Freshers’ Week, Play Groups & Centres, & all other youth focussed organisations within our region.

Adventures in Education Programmes’ are our softer approach to personal development please request our new ‘Personal Development Programmes’ Brochure if your needs are far greater and more specific than that in this brochure.

We also cater for clients with low self esteem, under achievers, transition students, early school leavers, demotivated clients, girls only groups and standard main stream activities as a reward and through outdoor education adventurous learning as part of curriculum in PE studies, our products and services are so dynamic and versatile they lend themselves to suit any client type.

**The Adventure Mission**

To work with all service sectors that focus on client personal development through team building, by helping to challenge, motivate and encourage clients by building up an individual’s aspirations, personal skill growth, improved motivation, enthusiasm, learning and enhance their lifestyle balance and personal satisfaction.

**The Adventure Aims**

Our aims are to build a strong working relationship with all young person organisational sectors that are concerned with personal development of the clients. These aims will be delivered through interactive team building adventures that integrate all the important key skills that they may lack and provide them with a balanced outdoor education learning opportunity.

**Our Adventure Solutions**

We are highly experienced and perfectly placed in terms of delivery and integration of our activity programmes in helping clients raise their personal skill levels build a more balance programme of study and enhance themselves through accessing a variety of motivational team building activities.

Our team of staff are selected for their character, skill level and their ability to work with all ages of clients and develop them instinctively. Our activities are perfectly placed to assist clients by nurturing them and encouraging them to reach out and grasp new, rewarding situations. We will support, encourage and evolve the activities around their personal needs in order to build a trusting relationship that will allow both the client and ourselves the chance to build a strong platform of trusting personal growth.

**Personal Skill Area Development:**

- Leadership
- Co-operation
- Learning Styles
- Communication
- Problem Solving
- Responsibility
- Motivation
- Confidence
- Numeracy
- Performance
- Trusting
- Tolerance
- Initiative
- Diversity
- Listening

**Adventure Environment**

By removing the clients from their existing urban inner city surroundings and placing them in a stimulating open, fresh countryside environment with a team of fun highly motivated sympathetic activity staff and a diverse range of activities then personal development is guaranteed.

The tools of our trade focus on fast, fun and challenging adventures that engage clients and push personal comfort zones our activities are the catalyst that ignite this team building programme and make it the success it is now after 15 years of operations.

We welcome your clients into our programmes, below is our most successful team building activity programme which can be spread across a day, month or a year.
Experience a truly magnificent journey scaling a rock face, exploring the rocks and building your confidence has you achieve new heights. A perfect challenge building trust in yourself and your peers as they will hold your very life in their hands. Pure excitement promoting trust, leadership and problem solving.

A brilliant activity designed to make your heart flutter as you edge out over a 100ft river drop, a personal achievement in its own right. But to trust your instructor with your life on a thin rope is truly gripping, but the rewards are outstanding, the positive rush of endorphins will be intense and a natural high buzz is guaranteed. A Perfect place to start your journey, promoting trust, courage, control, and confidence throughout.

A fun team challenge exploring the open countryside, forests, rocks and rivers. As an individual you will have to overcome any fears of balancing and climbing across large water filled gaps, over streams and as a team you will need to encourage and support each other to complete the course.

Building your team work skills, confidence, trust, self esteem & responsibility.

Under the watchful eye of your instructor you will go underground and explore a labyrinth of rock maze type features, squeezing over, under and around obstacles. Each client will be given individual tasks to perform at their own ability. You will not get stuck, we promise it’s real fun. It promotes tolerance, restraint, nerve, combined balance & coordination skills.

A fun enjoyable experience, using a map, compass and with our guide you will follow a clue sheet with points and attempt to locate and recover the lost markers in our very own competition course. It’s brilliant fun and tires you out. This promotes team work promoting trust, confidence, support, peer mentoring & cooperation between members.

A challenging extreme activity scaling a very long chunky rope to reach a high marker and earn team points whilst swinging and swaying over a massive exposed drop, either blind folded, over water or land. This is an utterly inspiring individual challenge but you will need your team behind you. You can race each other or time trial against the clock. A very rewarding experience involving trust, confidence, peer support, communication, listening, team spirit & lots of excitement.

This challenge is fun and hard work, perfect as an intro to heights. Try climbing a massive caving ladder that constantly swings and sways, around, it’s exhaustingly steep. Why not try this challenge over water, blindfolded? This is why it’s called Ladder Xtreme. Good luck!

Skills involved trust, communication, performance, cooperation, coordination, safety & helping.
We set the scene/scenario then divide the group into teams, then work towards a deadline of darkness. Each team will have to build their shelters, set traps and cook their supplies to complete the challenge. A perfect activity set to develop key skills and learning to work effectively with colleagues in testing environments. Teamwork essential, tolerance, trust, cooperation, organisation, communication & listening skills.

**ZIP WIRE & SKYLINE**

As a team you will construct a high ropes Tyrolean traverse zip wire across an exposed open river gorge. To complete the challenge each team member must use the zip wire to safely cross the gorge. A real opportunity to learn new skills and work side by side with staff and your peers. Teamwork needed, cooperation, organisation, tolerance, problem solving & communication.

**ADVENTURE GAMES**

We have developed several new adventure games, our most famous being Alien Vs Predator tracking. It allows many new levels and competitive elements of the activity game.

Alien Vs Predator Challenges:
- Stealth
- Mirage
- Oasis
- Evade
- Oracle
- Fortress
- Escape
- Evolve
- Running Man

Our new adventure games are top secret, you’ll have to book to try them out!

**WILDCAMP & BIVI CHALLENGE**

A small effective team who have worked together previously and show co-operation and teamwork will be placed in a woodland environment at dusk. Their task is to survive the night and its weather by building a shelter, creating fire and cooking their survival rations. A tough challenge in an exposed remote wilderness but our guides will be on-site throughout to assist, guide and recover if all fails.

Skills: organisation, problem solving & communication.
We have learned from experience that if you develop a theme or live scenario and incorporate our activities into this theme, the clients respond even greater with more effort, will power and resolve.

Our live motivational team building scenarios are:
- Prisoners Vs Wardens
- Mountain Rescue Evac
- SAS - Are You Tough Enough?
- Alien Vs Predator Tracking
- Commando Search & Rescue
- Spy - Mission Impossible
- Radioactive Clean Up
- Moonlight Tracking
- Born Survivor
- Lost Boys
- Mountain Medics
- Black Hawk Down
- Biohazard Team
- Stealth
- US Bomb Squad
- AWOL Soldier
- Studio
- AVOL Soldier

Adventure Simulations are packed full of team building skill areas and they cover all the activity skill areas listed above.

Welcome to our newest division of Adventures Are Us, we now offer multilingual adventure activities utilising our new degree graduates in modern foreign languages, they are our Adventure Instructors & Language Experts combined into one high value package. We truly believe in breaking down barriers of participation and increasing adventure access we welcome all ages and abilities look for our adventure access flags.

Residential Adventure Programmes are now our most desired request from clients as it allows you to escape the cities and truly experience our activities in a perfect wilderness setting. If you’re situated more than one hour away why not consult our team and we can develop a perfect bespoke adventure hospitality package that suits your every need.

Adventure Accreditation, Evidence & Assessment
We keep a video log and photograph events to help record clients individual and team developments. We use feedback sheets, rapid reviews, de-briefs and sharing sessions. We can provide certification for climbing awards known as NICAS and offer key skill certificates for each member.

Summary Provisions
As a leading adventure provider within this specialist sector we feel that everyone concerned benefits from this new style of learning and development, especially the clients and the staff who operate the youth organisation and safeguarding policies.

We truly believe in what we are offering and it makes sound sense to be involved in such a worthwhile and dynamic programme of development that’s why we have over 100 different client services centres already on our books so why not give us a call today.

Adventure Activities Summary
- Rock Climbing
- Abseiling
- gorge walking
- Low Ropes
- Stream Scrambling
- Rock Weaseling
- Rock Bouldering
- Hill & Mountain Walking
- Navigation Training
- Zip Wire
- Problem Solving
- Snakes & Ladders
- Big Air Swings
- Ladder X-Treme
- Adventure Caves
- Adventure Wall Indoor & Mobile
- Bush Craft Survival
- Orienteering
- Tree Climbing
- Postman’s Walk
- Live Team Building
- Camp Craft Cooking
- Nightlines
- Wilderness Survivor
- Tree Climbing
- Postman’s Walk
- Tyrolean Traverse
- Moutaineering
- Adventure Games
- Stepping Stone Challenge
- Tarzan Swings
- High Ropes
- River Crossing Challenge
- First Aid Training

Health & Safety Management Systems
We are government licensed by AALA Adventure Activity Licensing Authority as a provider of adventure activities for children and adults under the Young Persons Safety Act 1995 Regulations 2004. We carry Products/Civil Liability Insurance Cover for £5m and Employer’s Liability Cover at £10m.

We use NGB National Governing Body Qualified Staff, CRB checked and first aid trained. All our operational activities carry SOP Risk Assessments and Child & Vulnerable Persons Policies. We are highly accredited by our associations, governing and training bodies with 15yrs experience.

Professional Accreditations

Safety equipment cover provided

Adventure are US LTD. Tel. 07939 743263
www.AdventuresAreUs.com info@AdventuresAreUs.com

The Adventure Specialists, always an activity for you!