

**Corporate development training packages in Derbyshire. Why not try a new challenging adventure pursuit aimed at bringing all the essential areas of an adventure together combining the thrills and joys of the activity with the all important team building skills.**

**Corporate Rock Challenge** Push your team of employees through there passes participating in adventure rock climbing challenges in the Peak District National Park. All colleagues can try their hand at climbing rock towers and gulleys, learning valuable communication and team work leadership skills to build a more effective team in the office.

Why not select more than one activity by combining them into a tailored adventure day for all the work force, link any of the activities to make a unique adventure experience which will be fully documented and photographed to mark your corporate course.

**Rock Weaselling Challenge** A fun light hearted challenge exploring and scrambling under the many boulder fields out in Derbyshire. The team will have to navigate across, under and over numerous bouldering obstacles to reach the finish. Helmets are provided for safety here.

**Corporate Abseil Challenge** This thrill of a challenge will test the character of your colleagues to the limit, attempt an abseil off a rock tower sum 60 feet in the air, a real treat for employees who want to stir their adrenaline. This will promote courage to make decisions and leadership qualities to go first in front of everyone in your team group. This is a safe high exhilarating challenge, true team building at its best.

**Fast Wire Challenge** A fast, fun thrill of a challenge crossing an open gorge or between two towers of rock, where each team member needs to slide over a breath taking drop to reach the finish line on the other side. Full safety equipment provided here. This builds confidence and communication skills with each team member and the instructor, a real must.

**Corporate Bouldering** This challenge brings together team members who may be a little shy or find it hard to mix with more outgoing colleagues, it promotes moral and cohesion that is needed for each team to succeed. The team will be split into groups that have equal strengths and weaknesses to create a more atmospheric balance of wills. You will have to support each other in reaching the top, in business this is important and in bouldering it is too.

**Up The Corporate Ladder** This activity is a special challenge abseiling down a steep over hanging wall and then ascending the same pitch of rock by means of a ladder that swings and sways as you climb up. All safety ropes are used to prevent anyone falling. This team challenge is fun and will enthuse the whole team into working with others and problem solving. This is excellent if you send your MD or Line Manager to go first by team votes, it shows that all members have weaknesses even the higher up directors.

**Corporate Scrambling Course** This activity is an excellent team building challenge exploring the Padley Gorge and Burbage Valley bottom. The group will have to work together to complete simple tasks and mini challenges to over come the obstacles that are placed in their way. A fun, light hearted course focussing on team moral and cohesion and building a relationship between the members that will be tested on one of the other more challenging pursuits later.



**Corporate Orienteering** This team challenge is a fast, fun exploration of the famous Burbage Valley Orienteering Course, there's two teams competing head-to-head on opposite sides of the valley. You can see each other but you cannot communicate, you select a team with a team name and captain then you plan your route and set out to collect all the hidden markers in the valley, in the fastest time you can to beat the other competitors and win a bottle of champagne at the end, that's well deserved.

This is good fun and light hearted for the team or business taking part, they will have to change their captain regularly to maintain a fresh leadership role and motivation and drive to reach the goal and the rewards at the end, like in business, the team must finish together and united to win.

**Walking In Wild Places** A team experience. A magnificent guided tour of the breath taking countryside of the Peak District National Park, your guide will lead a scenic tour down Burbage Valley & Padley Gorge, with short stop offs in the local historic villages like Grindleford and the famous traditional seventeenth century train station café for a bite to eat.

**Moonlighting** This team challenge is a must for the employees who like the dark cold scary places of the peak, starting off at dark, takes you up Padley Gorge and up Burbage Valley navigating through the forest tracks and gorges by torch light. Completing some of the Adventure Orienteering Course around the forest edges.

Then the team reaches the base at Burbage North. Now the challenge really begins, a simple safe scramble allows the summit to be achieved, then the team must set up an abseil line in the dark and descend a steep rock tower swaying in the wind in pitch black darkness to succeed the team challenge. Who dares to take up the challenge?

**Indoor Corporate Experience** Why not book a staff team building or rewards day with a difference, push your work colleagues to their limits in a new adventurous environment, taking on some of the walls hardest rock challenges, then have food in the café afterwards. A relaxed and social ice breaker session for the hard working business person. This indoor corporate experience is ideal when the weather is poor and when you're on a tight time scale, two hours is all you need here.

**This is just a summary of some of the corporate courses and adventure activities available for businesses and companies out in the Peak District National Park.**

Professional Accreditations



Safety equipment & insurance cover provided

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